

# Just Sing



*Adult Choir - 16 & Over*  
*All abilities welcomed & encouraged*

Every Tuesday at Logie Coldstone Hall, 8-9pm  
£5 a session or 5 Sessions for £20

**Chance  
to:**

Perform  
Record  
Solo  
Plan  
Projects  
Travel

**Improve:**

Breathing  
Intonation  
Register Transitioning  
Projection  
Annunciation  
Humor  
Confidence  
Immune system  
Connection to self  
Connection to  
Community

**Decrease:**

Stress  
Anxiety  
Depression  
Loneliness  
Amnesia

**Contact:**

*Rachel Fraser*

07470 154 917

*Justsingscotland@gmail.com*

# Just Sing



*Junior Choir: P3-P7: 3:30-4:30pm*

*Senior Choir: S1-S4: 6-7pm*

*Every Tuesday - Aboyne Community Centre*

Beginning after Easter Break on Tuesday 17th April

## **Chance to:**

Perform  
Record  
Solo  
Plan Projects  
Travel  
Raise Money  
Busk

## **Improve:**

Breathing  
Intonation  
Register Transitioning  
Projection  
Annunciation  
Humor  
Confidence  
Immune system  
Connection to self  
Connection to Community  
Mood

## **Decrease:**

Stress  
Anxiety  
Depression  
Loneliness  
Amnesia

Contact for booking & pricing:

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Discounts & Scholarships available on request